

# JOIN THE PERMISSION TO **PAUSE** MOVEMENT!

## **PERMISSION TO PAUSE**

is a financial self-care technique that gives you (the consumer) the space to decide if you are comfortable with your financial professional and the services they offer.

Checking licence and registration with FCNB is an important first step!



VISIT **[permissiontopause.ca](https://permissiontopause.ca)** TO CHECK TODAY



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